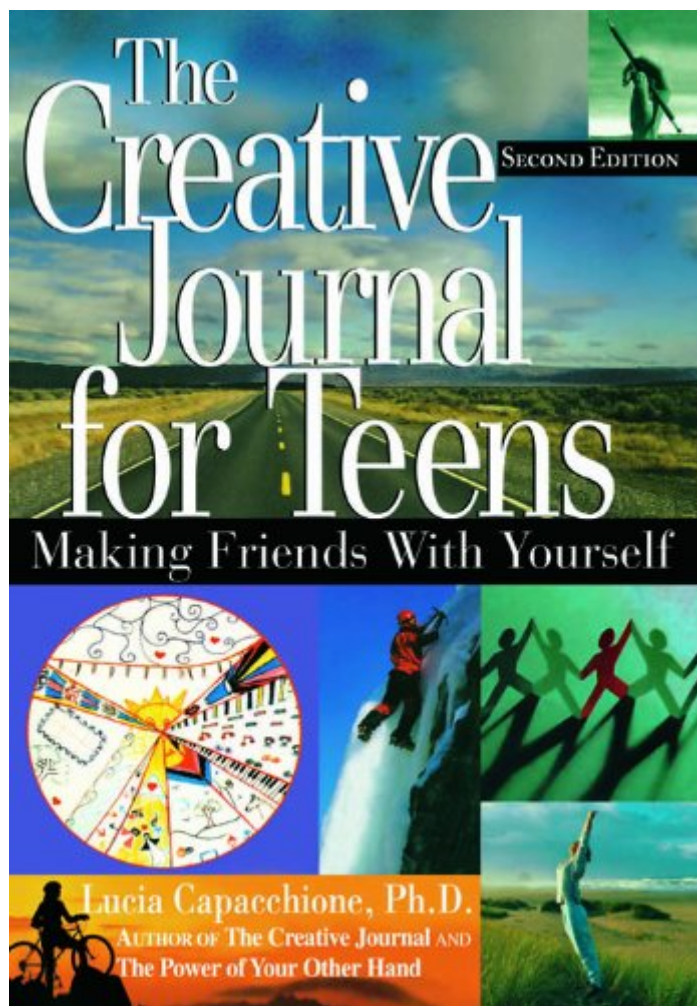


The book was found

# The Creative Journal For Teens



## Synopsis

This highly acclaimed guide helps teenagers express their true feelings and thoughts in the safe, nonjudgmental atmosphere of personal journal-keeping. Lucia Capacchione offers teenagers easy techniques for understanding their deepest thoughts, expressing their real selves, clarifying their goals, visualizing the future, and achieving self-reliance. Adolescence can be a rough period and is often confusing for teens and their parents. The growing pains of adolescence are acknowledged and dealt with effectively in this guide with personal self-expression through words and pictures. Using the journal method described within strengthens self-identity and confidence while helping teens improve written communication and artistic skills.

## Book Information

File Size: 7105 KB

Print Length: 196 pages

Publisher: New Page Books; 2nd edition (November 1, 2001)

Publication Date: November 1, 2001

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B0074HK71Y

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #427,726 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #25

in Kindle Store > Kindle eBooks > Teen & Young Adult > Education & Reference > Social Science > Psychology #101 in Books > Teens > Education & Reference > Social Science > Psychology #10338 in Kindle Store > Kindle eBooks > Nonfiction > Self-Help

## Customer Reviews

I am very happy with this journal for teens, my 15 year old daughter is not the type of kid to just sit down and write so when I saw this I thought it would be perfect for her. Instead of being just blank pages like a typical journal it is a guided book where it will ask specific questions about things that may have happened in your life or it may tell you to draw a picture about a life event. It is really cool

for the kid who has a hard time putting words to paper. I would recommend this to parents of kids that may have emotional or behavior problems, but at the same time it is also good for just your everyday average teen that has a hard time expressing themselves.

One of many great books by this author. It was a perfect gift for my granddaughter turning 13.

Her best creative journal. While it's for children, the author made the instructions and purposes of the exercises clear and easy to understand. We bought the children's, teens, and adult versions of this book. The children's version was the one everyone used.

As an English teacher, I use *The Creative Journal for Teens: Making Friends With Yourself* for journal topic ideas even though it seems to be meant as a teen's personal and private journal. Some of the topics are repetitive and others I feel are too personal for me to be asking my students to write about. It has given me some great ideas nonetheless and I think a teen that likes to write or has shown interest in journaling would love this book. I know I would have thoroughly enjoyed this book as a teenager.

Great book for teens to express themselves.

Very useful in my therapy sessions. I work with several youth that express themselves better through non verbal ways. I

Some parts are helpful but not all.

Teens and resources for building rapport for cooperation is a tough one. This purchase is used in a hospital setting and is AWESOME!

[Download to continue reading...](#)

Bullet Journal: 150 Pages Cactus Pattern Dotted Journal - 8"x10" (Bullet Journal Notebook) - With Bullet Journal Ideas: Bullet Journal Notebook (Volume 1) Bullet Journal: Cactus Green Dotted Journal - 150 Pages (Size 8"x10") - Bullet Journal Notebook - With Bullet Journal Ideas: Bullet Journal Notebook (Volume 2) Thoughts of You: A Journal for Teens Coping with Grief (Journal's for Teens) The Graphic Designer's Digital Toolkit: A Project-Based Introduction to Adobe Photoshop Creative Cloud, Illustrator Creative Cloud & InDesign Creative Cloud (Stay Current with Adobe

Creative Cloud) The Ultimate Audition Book For Teens Volume XIII: 111 One-Minute Monologues - Active Voices (The Ultimate Audition Book for Teens) (The Ultimate Audition Book for Teens 13, Young Actors Series) The Ultimate Audition Book for Teens Volume VI: 111 One-minute Monologues for Teens by Teens (Young Actors Series) Not All Those Who Wander Are Lost: Notebook- Small Blank Lined Notebook; Travel Journal; Traveller's Notebook; Study Abroad Journal; Vacation Journal; ... Journal; (Travel Journals and Notebooks) Jordan River Baptism Site: Journal, Diary, Notebook - Blank, Lined, 6 x 9 - Memoir Journal, Prayer Journal, Travel Journal (Israel Series) (Volume 3) Bullet Journal: Dot Bullet Journal; Small Blank Dot Grid Journal for Women; (5.25 x 8 in.) -blank dotted pages for Diary, Planner, Calligraphy, Hand ... Journal and Notebook Collection) (Volume 1) Weight Loss Confidential Journal: Week-by-Week Success Strategies for Teens from Teens Visions of Me: A Journal for Teens Who Witnessed Domestic Violence (Journals for Teens) 52 Sketch Prompts: Weekly Art Prompts for Creative Doodling & Beyond - 8.5" x 5.5" Sketchbook Artist Journal Project Ideas to Draw, Collage, Illustrate, Design & More! For All Ages, Teens to Adults The Creative Journal for Teens Cute Emoji Rainbow Poop Journal: 160 Page Softcover Journal, College Ruled Composition Notebook, 8"x10" Blank Lined Diary book for Girls, Boys, Teens, ... Journaling, Office Work, Notes and School Unicorn Journal She Believed She Could So She Did: Quote Inspirational, Magical 8 1/2" x 10 1/2" Bullet Journal - Blank Notebook, 1/4 inch Dot Grid with 160 ... Diary for Kids, Teens, Men & Women Start Each Day with a Grateful Heart: Gratitude Journal with Bible Verses and Inspirational Quote: Large Print Gratitude Journal with Daily Scriptures: Gifts for Women/Teens/Seniors The Road to Healing: A Journal for Teen Survivors of Sexual Abuse (Journal's for Teens) Fucket List: Funny Bucket List Journal 8 x 10 inch Bullet Dot Grid Journal - Blank Notebook, 1/4 inch Dot Grid with 160 Pages, Sturdy Matte Softcover ... Journaling Quote Diary for Teens, Men & Women Draw And Write Journal: Creative Writing Drawing Journal For Kids (Half Page Lined Paper With Drawing Space)(8.5 x 11 Notebook)(V24) Draw And Write Journal: Creative Writing Drawing Journal For Kids (Half Page Lined Paper With Drawing Space)(8.5 x 11 Notebook)(V22)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)